

# Wingstop Allergen Menu 2026

Review the table below to find which menu items contain specific allergens.

Menu Item	Wheat	Dairy	Egg	Soy	Fish/Shellfish	Mustard	Celery
Classic Wings	-	-	-	-	-	-	-
Boneless Wings	X	-	-	X	-	-	-
Tenders	X	-	-	-	-	-	-
Filet	X	-	-	X	-	-	-
Atomic	-	-	-	X	-	-	-
Cajun	-	-	-	X	-	-	X
Garlic Parmesan	-	X	-	X	-	-	-
Hawaiian	X	-	-	X	-	-	-
Hickory Smoked BBQ	-	-	-	X	-	-	-
Hot Honey Rub	-	-	-	X	-	-	-
Lemon Pepper	-	-	-	X	-	-	X
Louisiana Rub	-	-	-	X	-	-	-
Mango Habanero	-	-	-	X	-	-	-
Mild	-	-	-	X	-	-	X
Original Hot	-	-	-	X	-	-	X
Spicy Korean Q	X	-	-	X	-	-	-
LTO: Sweet Heat Chamoy	-	-	-	-	-	-	-
Ranch Dip	-	X	X	X	-	-	-
Blue Cheese Dip	-	X	X	X	X	X	X
Honey Mustard Dip	-	-	X	X	-	-	-
Cheddar Cheese Sauce	-	X	-	-	-	-	-
Chamoy Ranch Dip (LTO)	-	X	X	X	-	-	-

Menu Item	Wheat	Dairy	Egg	Soy	Fish/Shellfish	Mustard	Celery
Seasoned Fries	-	-	-	X	-	-	-
Cheese Fries	-	X	-	X	-	-	-
Buffalo Ranch Fries	-	X	X	X	-	-	-
Louisiana Voodoo Fries	-	X	X	X	-	-	-
Lemon Pepper Fries	-	-	-	X	-	-	X
Parmesan Fries	-	-	-	X	-	-	-
Hot Honey Fries	-	-	-	X	-	-	-
Seasoned Fried Corn	-	-	-	X	-	-	-
Chamoy Seasoned Fries (LTO)	-	-	-	X	-	-	-
Chamoy Seasoned Corn (LTO)	-	-	-	X	-	-	-
Veggie Sticks Celery	-	-	-	-	-	-	X
Brownie	X	X	X	X	-	-	-